



SPIRITUAL DIRECTION

DEEPENING ONE'S AWARENESS OF THE DIVINE PRESENCE WITHIN LIFE

WHAT IS SPIRITUAL DIRECTION?

Also known as spiritual guidance or spiritual companionship, spiritual direction offers a listening, reflective and confidential space for you to share about yourself and your life experiences with the goal of coming to a greater recognition of God in your life.

Although spiritual direction often comes with many positive benefits, it is not counseling or therapy. Nor is it limited to mystics or spiritual gurus. It is meant for everyone - whether you have been attentive to your relationship with the Divine for many years or you are just beginning.

You may engage in spiritual direction at Camp Maria Retreat Center for a single session, such as during a retreat. You may also desire to participate in ongoing monthly spiritual direction, which can be an incredible gift and support for your journey.

Session fees are based on a sliding-scale (usually \$30 - \$60).





CHRISTINE KUNZE

SISTER OF CHARITY OF NAZARETH

I am currently participating in a Spiritual Direction Internship through Nazareth Retreat Center in Kentucky, which I will complete in April 2025.

I welcome the opportunity to walk with you as you seek to discover God's unfolding presence in your life.

Compassion and loving kindness are integral to my offerings as a spiritual director, and I welcome persons of all faiths and all spiritual paths.

INTERESTED IN
SPIRITUAL DIRECTION - CONTACT
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