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Instructions for Retreat Leaders

Please review the following instructions for your retreat at Camp Maria Retreat Center. As the retreat group's leader, you are responsible for distributing this information to your group as well as to be sure that everyone in your group is aware of CMRC policies and procedures.

Although you may have document forms from previous years, please use the attached current forms.

The following documents will be provided to you for registering your group:

- o Instructions/Policy and Procedures for Retreat Leaders (this document)
- o Emergency Preparedness Information Sheet
- o Retreat Contract
 - o Please do not change this form. Any changes that you make to the language of the form that Camp Maria originally sends to you will not be considered as part of the agreement. All changes will be null and void, and Camp Maria will consider your completed form as confirmation that you have accepted the terms and conditions as originally stated in this form. If you feel that the form contains any errors (pricing, retreat date, insurance, etc.) contact the Reservations Manager before completing and returning.
- o Release Form (only required if a Certificate of Insurance isn't provided)
- o Sleeping Accommodations and Policies
- o Pier Schedule (only required if you will be using the pier or beach areas)
- o Campfire Schedule (only required if you will be using the fire pit)
- o Pool Schedule (only required if you will be using the pool during pool season)
- o Group Leader Checklist (Appendix A of this document)

Mission Statement

Camp Maria Retreat Center, a ministry of the Sisters of Charity of Nazareth, strives to provide an atmosphere of prayer, hospitality and simplicity in a peaceful, natural environment for retreats and various types of renewal programs. Our facilities are available to those who seek to strengthen and deepen their commitment to God, the Church, and to God's people throughout the world.

Camp Maria Policy and Procedures

We reserve the right to modify package rates, building usage, and facility sharing.

Reservations

1. Exclusive use of the facility requires a minimum of 120 people.
2. Reservations will accept bookings one-year before retreat when the group guarantees a **minimum of 80 participants** for ages two years + during our peak season: May 1st through October 15th.
3. Reservations will accept bookings 9 months before the retreat for groups of 30 - 79 participants during our non-peak season: October 16th – April 30th.
4. Reservations will not make bookings for groups with less than 30 participants 1 year before the retreat date.
5. Bookings will be accepted 6 months before the retreat date within our peak season for groups with less than 30 participants.
6. Camp Maria cannot 'save' dates for any group with less than 30 participants.
7. Reservations are made final when a signed contract and a 10% deposit of the estimated retreat total are received.
8. Additional charges apply to facility rentals that include buildings but no meals. See the rate sheet.

Building Usage

1. Retreat groups with less than 30 participants will not automatically have use of the spiritual center.
 - a. Retreat leaders may contact CMRC two weeks before see if the spiritual center is available.
 - b. If it is available, it may be booked for an additional charge of \$185 (FY 22/23).
2. Day retreats (Adult/Youth) will be assigned a large meeting space by CMRC; the bayside of the dining room or the spiritual center.

Facility Sharing

1. Adult groups with less than 30 participants may need to share the facilities with another

adult group.

2. Children/Youth groups will not share the facilities with an adult group, regardless of participants.

Arrival/Departures

1. The Camp Maria Operations Manager, or designee, will meet with retreat leaders upon arrival, and be available for assistance throughout your stay.
2. Contractual arrival time is defined as "the time when the retreat leader, retreat leader designee, or group arrives at CMRC and notifies the CMRC Operations Manager of their arrival at the office located in the Dining Lodge."
 - a. If the actual arrival time is going to be different, i.e., more than an hour late from the arrival time stated on the contract, notify the CMRC office at 301-475-8330.
 - b. Be prepared to update the status of your anticipated arrival.
3. Contractual departure time is defined as "all retreat guests in their vehicles and leaving Camp Maria at the time indicated on their contract."
 - a. Any retreat group departing 1 hour after the time indicated on their contract will be charged an additional \$100 for the 1st hour and \$100 for each additional hour or portion of the hour.

Parking

1. Parking is available in the field next to the Martin House or along the road as you exit Camp Maria; look for the signs. Park perpendicular to the roadway.
 - a. Do not park to the right of the road after turning in beyond the mailboxes.
 - b. Stay alert to vehicles and delivery trucks.
 - c. CMRC staff parking is next to the dining lodge.
 - o You may load or unload your vehicle from these spaces.

Registration

1. For billing purposes, all retreats have a minimum group size requirement of 22.
 - a. If your actual group's size is less than the minimum, you will be billed for the

minimum group size.

2. For billing purposes, the final number of attendees is required one month before the start of your retreat.
3. Retreat groups will be charged for their final numbers, even if their actual number of attendees is fewer.
 - a. The exception is if your actual attendee number is greater than the final numbers originally provided.
3. A certificate of insurance that lists Camp Maria Retreat Center as additional insured for the dates you are at Camp Maria is a requirement. There are no exceptions to this policy.
 - a. Most insurance companies require a copy of the signed contract you have with us. They may mail, scan, and email (cmrcreservations@campmaria.org) this to us.
 - b. Groups that are unable to provide a certificate of insurance must have each attendee fill out a release form with their personal information. There are no exceptions to this policy.
4. All payments are non-refundable.
 - a. A 10% deposit of your estimated retreat cost secures the dates for your retreat and is due fourteen days from your receipt of the contract.
 - b. The full/remaining balance is due one month before the retreat.
 - c. Non-sufficient fund checks are charged an additional \$35 to cover bank fees.
 - d. Retreat cancellations by retreat leader/group have one (1) calendar year to re-schedule their retreat; all previously paid monies will be held and applied to the re-scheduled date. Refunds aren't available if the retreat isn't rescheduled within that calendar year.
 - e. Retreat cancellation due to a force majeure event allows the retreat leader/group to reschedule within one (1) calendar year. If the retreat isn't rescheduled during that calendar year, a full refund of all previously paid monies will be made to the retreat leader/group.
5. All communication regarding your retreat before arrival, during the retreat, and following the retreat, must be to Theresa at (cmrcreservations@campmaria.org or admin@campmaria.org) **only**.
 - a. To communicate with Terri regarding food service, or food allergies, use cmrcfoodservice@campmaria.org.

- b. To communicate with Al or Greg regarding maintenance/building needs during the retreat or following the retreat for damaged CMRC property, email them at campmariamaintenance@gmail.com or operationsmgr@campmaria.org.

Safety

1. Dial 911 immediately, if you have an emergency!

4. Children/Students MUST be supervised at all times by an adult.
 - a. It is the primary responsibility of parents, counselors, and/or group leaders, to make certain all children/students in their group are aware of, and follow, Camp Maria's policies and procedures regarding safety.

5. Camp Maria has a camp-wide fire alarm system. If the fire alarm sounds, all persons should report to the basketball courts for a roll call. This is especially important should the fire alarm sound at night time.
 - a. If the fire alarm sounds during a lightning storm, or another unsafe weather condition, stay sheltered in place unless otherwise notified.

6. Accidents in the pool, i.e., vomiting, bleeding, or defecation, must be cleaned up immediately
 - a. Notify the certified pool operator or CMRC's facility manager immediately so pool chemicals can be adjusted.

7. Certified lifeguards are a requirement for pool usage.
 - a. We'll provide them for your retreat at \$32 per hour.
 - b. A pool maintenance fee of \$58 is charged to help defray pool chemical costs.
 - c. Each retreat must provide a pool schedule 1 month prior; your lifeguard will be scheduled from this document.

8. Safety along Camp Maria's Breton Bay waterfront is primarily the responsibility of your group's parents, counselors, and/or group leaders.
 - a. All people under the age of 15 must be accompanied by an adult (18 and older) when using the pier, canoes, kayaks, or at the waterfront.
 - b. Each retreat leader must provide a pier schedule 1 month prior.

7. Life jackets must be worn by anyone using a kayak and/or canoe. Life jackets are

recommended for all persons using the pier.

8. No one is permitted in the pool/fenced-in area unless a certified lifeguard is on duty.
 - a. The pool area will remain locked until the pool is used.
9. Retreat leaders must provide a campfire schedule to use this area one month before the retreat.
 - a. Bring the fire starter, i.e., matches, lighter, and liquid accelerant.
10. The pier, waterfront, and pool areas are closed after sunset.
11. First Aid kits and other related safety supplies must be provided by each retreat group.

Lodging

1. The buildings assigned to your group, as listed on your contract, are determined by Camp Maria based on the type of group and the number of people attending.
2. Each retreat group leader is responsible for making bed assignments for the individuals in their group.
3. A pillow and blanket are provided for each bed. Mattress protectors and pads/covers are provided on beds.
 - a. Groups will be billed for missing or damaged (e.g. stained, torn, etc.) mattress covers, pillows, and/or blankets.
4. Twin-size bed sheets or sleeping bags, and pillowcases **MUST** be used and provided by each guest. It is a **STRICT** Camp Maria policy that no one is to use a bed without sheets or a sleeping bag, and a pillowcase.
 - a. We do have a small supply of rental sheets, in the event a guest forgets to bring them – a nominal fee of \$5 per sheet set will be charged.
 - b. If our rental sheets are removed, there will be an additional charge.
5. **Immediately** alert CMRC staff if an accident occurs that soils linens, mattress pad cover(s), or carpet so it can be cleaned.
 - a. There will be an extra charge for mattress pad covers that are found soiled after your retreat departs.
6. Pillows and blankets are to be used **ONLY** on the beds.

7. Camp Maria does not provide personal towels or toiletries.
 - a. The retreat group brings these items.
8. After departure, CMRC staff inspects and cleans all spaces that your group used, including the grounds and outdoor facilities. If damaged items are found and Camp Maria maintenance wasn't notified while you were here, we will notify the leader to make reimbursement arrangements.
 - a. You will not be charged for normal wear and tear.
9. The Osprey building has 'special etiquette' that differs from other buildings.
 - a. This document is posted on the bulletin board in the Osprey dining room.
 - b. CMRC will provide linens, towels, and washcloths for retreat groups that ONLY rent the Osprey.
 - c. Retreats that rent the Osprey **in addition** to other buildings need to bring their linens or sleeping bag, towel, and washcloths.

Dining

1. Our pre-set mealtimes are as follows: Breakfast: 8:30 AM, Lunch: 12:30 PM, Dinner: 5:30 PM. **Breakfast or brunch at 10 AM is now available on your last day; it is your choice.**
 - a. Different mealtimes may be requested one month before your arrival. Approval will be at the discretion of the food service manager; contact Terri at crmcfodservice@campmaria.org.
 - b. Be prompt and arrive ready to be served. Our serving line is open for 30 minutes for each meal.
 - c. When everyone has been served, we will call for seconds.
 - d. Review the additional food service letter from the food service manager for more info.
2. Retreat leaders must notify the food service manager of the number of late arrivals or those not arriving for the first meal or those leaving the retreat early to avoid excess food being prepared; give 24 hours' notice. Terri's email is listed above; please contact her directly.
3. The Dining Hall is open by 7 AM for an 8:30 AM breakfast; coffee is available before the meal.

- a. We do ask that you not congregate in the dining hall before breakfast.
 - b. Camp Maria will provide a coffee maker for use in the Spiritual Center and/or Roost upon request.
6. If your retreat is having an outdoor catered meal, such as steamed crabs or BBQ, notify the food service manager one month prior.
- a. The Dining Hall is closed and unstaffed; i.e., the retreat group will not have access to the area or kitchen supplies. A retreat group will need to supply everything.
 - b. For inclement weather, the Spiritual Center is available for your use **IF** it is included in your retreat costs.
 - o If the Spiritual Center isn't included in your retreat costs and is available, it can be rented, additionally. *See Rate Sheet*
7. All snacks and food not eaten must be secured in a Rubber Maid/Tupperware-type container.
8. CMRC will not assume that your group will repeat any 'special meals' from the previous year(s).
- a. One month's notification is required.
9. For any group eating crabs, a \$250 fee will be charged to defray some of the cost of an additional trash pick-up.
- a. One month's notice is required to schedule Waste Management.
10. Retreat leaders must contact Terri, at cmrcfoodservice@campmaria.org one month before food allergies and sensitivities within their group.
- a. Camp Maria cannot guarantee that our food vendors prepare foods in their facilities that are free of nuts, nut products, gluten, etc.
 - o Extremely sensitive food allergy individuals need to bring their food(s). Refrigerators are available in the Spiritual Center.
 - b. *See additional food service document.*
11. Outside food vendors are required to sign a document regarding our expectations.
- a. There will be a \$45 clean-up fee **if** the serving/eating areas are not cleaned to Camp Maria standard, i.e., returning the area to the way that you found it upon

arrival.

12. Camp Maria will not store food in our refrigerators or freezers in the dining lodge.
 - a. Full-size refrigerators and microwaves are available in the Spiritual Center and the Roost, for your use. *Review your contract to see what buildings you've rented.*
13. Camp Maria's ice machine is for the use of the kitchen staff only and not for camp-wide use by retreat groups. Retreat groups need to make arrangements for securing ice.

General

1. Do not exceed the 15-mph speed limit (15 mph) on the gravel road. The horses in the paddock are easily spooked.
2. Service dogs are welcome.
 - a. The service dog must be vested and leashed at all times,
 - b. Provide the service dog's certificate to CMRC one month before the retreat, and
 - c. Service dog waste must be picked up and disposed of appropriately.
 - o Pets are not allowed at CMRC.
3. CMRC does not provide internet access; please bring your own "hot spot."
4. Lifeguard fees and inclement weather policy:
 - a. If CMRC can reach the lifeguard to cancel reserved swim hour(s), the retreat will not be charged the fee(s).
 - b. If the lifeguard can't be reached or is already here, we will attempt to reschedule with a current lifeguard or reschedule with a different lifeguard.
 - e. If neither of these options is available, the retreat group will pay to pre-scheduled lifeguard fee(s).
5. Camp Maria does not provide items necessary for celebrating Mass.
 - a. Bring what you need with you.
6. All remaining documents that support your retreat are required one month prior.
 - a. Outdoor Facility forms – pier, pool, campfire

- b. Certificate of Insurance or Release Form
- c. Name Attendee lists
- d. Food Vendor letter; if applicable
- e. Daily Schedule
- f. ~~Lifeguard Certification; if applicable~~

Family Enrichment Weekends (FEW)

- a. Registration forms
- b. Release forms
- c. Outdoor Facility forms – pier, pool, campfire
- d. Daily Schedule

- 7. Observe quiet time throughout the facility from 11 PM – 7 AM.
- 8. Do not remove furniture from any buildings, including chairs.
- 9. Arts and craft projects need to be washable materials, have no glitter, and don't tape items to the walls; bulletin board strips have been provided.
- 10. Lit candles must be on a non-flammable saucer or dripless.
- 11. Adult groups with children must provide Camp Maria with a copy of the children's simultaneous program; including the names of their chaperones.
 - a. There must be a children's program for every adult program shown on their daily schedule.

Departure Procedures - "Leave it better than you found it"

- a. Empty ALL trash into the outside dumpster in tied trash bags
- b. Return furniture to the original place
- c. Leave pillow and blanket on the bed
- d. Close all windows and doors
- e. Turn off lights and ceiling fans
- f. Make the staff aware of any repairs needed

God's Blessings to You,



Ann Kovalcik
Director

Group Leader Checklist

- Fourteen days from your receipt of the contract: Return the signed contract, release form (if required), and deposit (non-refundable). A signed release form is required before the start of your retreat if you are not able to secure a Certificate of Insurance (COI).
- Contact your insurance company to have them send a certificate of insurance that lists Camp Maria Retreat Center as additional insured for the dates you are at Camp Maria. Most insurance companies require a copy of the signed contract you have with us. They can scan and email, mail, or fax the certificate to us. A certificate of insurance is required before the start of your retreat. Or for our family groups: a signed release form for each person or family is required if you are not able to provide a Certificate of Insurance. There are no exceptions to this policy.

One month before the retreat the following items are due:

- The full balance must be paid (non-refundable)
- The final list of attendees
- A copy of your retreat daily schedule
- The COI or all release forms
- Pool Schedule (only if using the pool)
- Pier Schedule (only if using the waterfront)
- Campfire Schedule (only if using the fire pit)